



## The AcuMen Men's Group -

Flying in the face of the tarnished proverb that 'Men don't talk', the AcuMen Men's group continues to serve as a powerful peer learning forum for men. Since 2012 men have supported men with the challenges of life and with the certain outcome of growth and development. Acumen utilizes a proven, structured conversational model that promotes learning, effective self-expression, catharsis, and camaraderie. It balances participation, listening, and talking. This group is for men functioning at a high level; it is *not* a remediation *nor* psychotherapy group. Learning comes from the experience of the men in the group. Topics are chosen by the participants; each man will seek to have his own questions answered. The group will provide its information and wisdom; each man will choose his answers. There is no lecturing and no lesson plan.

**What will we talk about?** Each session the men identify and choose topics that are of interest to them and which are grounded in the experience of the group. These topics are likely to include work/career, marriage, children, parents, family, money, love, lust, divorce, relationships, health/wellness/fitness, decisions, and change.

### The AcuMen Men's Group 2017

**When: 6 Mondays or Tuesdays from 6:30 pm to 9:30 PM (arrive between 6:15 and 6:30)**

Jan 16 (M) Feb 13 (Tue) March 13 (M) April 18 (T) May 16 (T) June 12 (M)

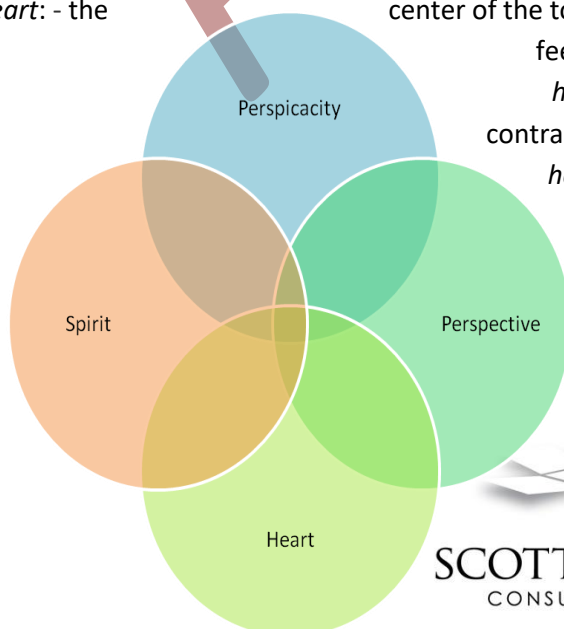
**Where: Scott Savage Consulting, 583 D'Onofrio Dr. #202 Madison, WI 53719**

**What will I get from participating?** You will hear the perspectives of the men in the group about your own challenges and opportunities and about those of others. And you will be able to share your own experience and perspective for the benefit of the other men.

*Perspicacity:* - keenness of mental perception and understanding; discernment.

*Perspective:* - the state of one's ideas, the facts known to one, etc., in having a meaningful interrelationship. Looking at an issue from multiple perspectives is helpful.

*Heart:* - the center of the total personality, especially with reference to intuition, feeling, or emotion: *"In your heart you know I'm an honest man."* - the center of emotion, especially as contrasted to the head as the center of the intellect: *"His head told him not to fall in love, but his heart had the final say".*



*Spirit:* - the principle of conscious life; the vital principle in humans, animating the body or mediating between body and soul. The activating



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or essential principle influencing a person, *“he acted in a spirit of helpfulness.”*

**How does it work?** In the group we speak from our own experience, not that of others, and not from theory. Participants *present issues, ask questions, and share reactions and experience.* **We do NOT give advice.** Each man will receive an allotment of time. Meetings will be facilitated by Scott Savage who has extensive training and experience leading peer learning groups.

**What’s out?** Participants are not allowed to give advice, to grandstand, dominate discussions nor hog the time. *We are not there to talk politics, sports, proselytize, convince one another nor sell anything.*

Participants are expected to be free of the influence of alcohol and other psychoactive drugs (caffeine excepted) during the meetings.

**Commitment:** The group will develop over time, so attendance is vitally important. **Arrive on time, stay for the whole time, agree to follow the process, and miss no more than 2 sessions.**

**Notice:** Prior to beginning, we will vet applicants for any conflicts of interest that would interfere with productive group functioning.



**How much:** \$200 for the six-meeting series. **Please pay by check or cash at the first meeting.** Includes coffee, tea and water.

You are welcome to bring your dinner and/or snacks if you wish. There may be a ‘pot luck’ of snacks which participants bring and share.

Participation is limited to 9 men. Contact Scott with questions and to reserve your spot. 608-215-4254.

[Scott@SavageGroup.Biz](mailto:Scott@SavageGroup.Biz)

*Please pass this information along to anyone else you know who might be interested in joining us.*



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